Voluntary Life Cost Illustration:

To determine the most appropriate level of coverage, as a rule of thumb, you should consider about 6 - 10 times your annual income, factoring in projected costs to help maintain your family's current life style. To help you assess your needs, you can also go to Guardian Anytime and view a video: https://www.guardiananytime.com/gafd/wps/portal/fdhome/employees/products-coverage/life

Policy Election	Amount	Monthly premiums displayed. Policy Election Cost Per Age Bracket							
Employee	< 30	30–34	35–39	40–44	45–49	50–54	55–59	60–64	65–69 [†]
\$10,000	\$.70	\$.90	\$1.20	\$2.00	\$3.30	\$5.70	\$9.10	\$9.90	\$17.50
\$20,000	\$1.40	\$1.80	\$2.40	\$4.00	\$6.60	\$11.40	\$18.20	\$19.80	\$35.00
\$30,000	\$2.10	\$2.70	\$3.60	\$6.00	\$9.90	\$17.10	\$27.30	\$29.70	\$52.50
\$40,000	\$2.80	\$3.60	\$4.80	\$8.00	\$13.20	\$22.80	\$36.40	\$39.60	\$70.00
\$50,000	\$3.50	\$4.50	\$6.00	\$10.00	\$16.50	\$28.50	\$45.50	\$49.50	\$87.50
\$60,000	\$4.20	\$5.40	\$7.20	\$12.00	\$19.80	\$34.20	\$54.60	\$59.40	\$105.00
\$70,000	\$4.90	\$6.30	\$8.40	\$14.00	\$23.10	\$39.90	\$63.70	\$69.30	\$122.50
\$80,000	\$5.60	\$7.20	\$9.60	\$16.00	\$26.40	\$45.60	\$72.80	\$79.20	\$140.00
\$90,000	\$6.30	\$8.10	\$10.80	\$18.00	\$29.70	\$51.30	\$81.90	\$89.10	\$157.50
\$100,000	\$7.00	\$9.00	\$12.00	\$20.00	\$33.00	\$57.00	\$91.00	\$99.00	\$175.00
\$110,000	\$7.70	\$9.90	\$13.20	\$22.00	\$36.30	\$62.70	\$100.10	\$108.90	\$192.50
\$120,000	\$8.40	\$10.80	\$14.40	\$24.00	\$39.60	\$68.40	\$109.20	\$118.80	\$210.00
\$130,000	\$9.10	\$11.70	\$15.60	\$26.00	\$42.90	\$74.10	\$118.30	\$128.70	\$227.50
\$140,000	\$9.80	\$12.60	\$16.80	\$28.00	\$46.20	\$79.80	\$127.40	\$138.60	\$245.00
\$150,000	\$10.50	\$13.50	\$18.00	\$30.00	\$49.50	\$85.50	\$136.50	\$148.50	\$262.50
\$160,000	\$11.20	\$14.40	\$19.20	\$32.00	\$52.80	\$91.20	\$145.60	\$158.40	\$280.00
\$170,000	\$11.90	\$15.30	\$20.40	\$34.00	\$56.10	\$96.90	\$154.70	\$168.30	\$297.50
\$180,000	\$12.60	\$16.20	\$21.60	\$36.00	\$59.40	\$102.60	\$163.80	\$178.20	\$315.00
\$190,000	\$13.30	\$17.10	\$22.80	\$38.00	\$62.70	\$108.30	\$172.90	\$188.10	\$332.50
\$200,000	\$14.00	\$18.00	\$24.00	\$40.00	\$66.00	\$114.00	\$182.00	\$198.00	\$350.00
\$210,000	\$14.70	\$18.90	\$25.20	\$42.00	\$69.30	\$119.70	\$191.10	\$207.90	\$367.50
\$220,000	\$15.40	\$19.80	\$26.40	\$44.00	\$72.60	\$125.40	\$200.20	\$217.80	\$385.00
\$230,000	\$16.10	\$20.70	\$27.60	\$46.00	\$75.90	\$131.10	\$209.30	\$227.70	\$402.50
\$240,000	\$16.80	\$21.60	\$28.80	\$48.00	\$79.20	\$136.80	\$218.40	\$237.60	\$420.00
\$250,000	\$17.50	\$22.50	\$30.00	\$50.00	\$82.50	\$142.50	\$227.50	\$247.50	\$437.50
\$260,000	\$18.20	\$23.40	\$31.20	\$52.00	\$85.80	\$148.20	\$236.60	\$257.40	\$455.00
\$270,000	\$18.90	\$24.30	\$32.40	\$54.00	\$89.10	\$153.90	\$245.70	\$267.30	\$472.50
\$280,000	\$19.60	\$25.20	\$33.60	\$56.00	\$92.40	\$159.60	\$254.80	\$277.20	\$490.00
\$290,000	\$20.30	\$26.10	\$34.80	\$58.00	\$95.70	\$165.30	\$263.90	\$287.10	\$507.50
\$300,000	\$21.00	\$27.00	\$36.00	\$60.00	\$99.00	\$171.00	\$273.00	\$297.00	\$525.00

Voluntary Life Cost Illustration continued										
	< 30	30–34	35–39	40–44	45–49	50-54	55–59	60–64	65–69 [†]	
Policy Elec	ction Amount									
Spouse										

	ount								
\$10,000	\$.70	\$.90	\$1.20	\$2.00	\$3.30	\$5.70	\$9.10	\$9.90	\$17.50
\$20,000	\$1.40	\$1.80	\$2.40	\$4.00	\$6.60	\$11.40	\$18.20	\$19.80	\$35.00
\$30,000	\$2.10	\$2.70	\$3.60	\$6.00	\$9.90	\$17.10	\$27.30	\$29.70	\$52.50
\$40,000	\$2.80	\$3.60	\$4.80	\$8.00	\$13.20	\$22.80	\$36.40	\$39.60	\$70.00
\$50,000	\$3.50	\$4.50	\$6.00	\$10.00	\$16.50	\$28.50	\$45.50	\$49.50	\$87.50
\$60,000	\$4.20	\$5.40	\$7.20	\$12.00	\$19.80	\$34.20	\$54.60	\$59.40	\$105.00
\$70,000	\$4.90	\$6.30	\$8.40	\$14.00	\$23.10	\$39.90	\$63.70	\$69.30	\$122.50
\$80,000	\$5.60	\$7.20	\$9.60	\$16.00	\$26.40	\$45.60	\$72.80	\$79.20	\$140.00
\$90,000	\$6.30	\$8.10	\$10.80	\$18.00	\$29.70	\$51.30	\$81.90	\$89.10	\$157.50
\$100,000	\$7.00	\$9.00	\$12.00	\$20.00	\$33.00	\$57.00	\$91.00	\$99.00	\$175.00
\$110,000	\$7.70	\$9.90	\$13.20	\$22.00	\$36.30	\$62.70	\$100.10	\$108.90	\$192.50
\$120,000	\$8.40	\$10.80	\$14.40	\$24.00	\$39.60	\$68.40	\$109.20	\$118.80	\$210.00
\$130,000	\$9.10	\$11.70	\$15.60	\$26.00	\$42.90	\$74.10	\$118.30	\$128.70	\$227.50
\$140,000	\$9.80	\$12.60	\$16.80	\$28.00	\$46.20	\$79.80	\$127.40	\$138.60	\$245.00
\$150,000	\$10.50	\$13.50	\$18.00	\$30.00	\$49.50	\$85.50	\$136.50	\$148.50	\$262.50
\$160,000	\$11.20	\$14.40	\$19.20	\$32.00	\$52.80	\$91.20	\$145.60	\$158.40	\$280.00
\$170,000	\$11.90	\$15.30	\$20.40	\$34.00	\$56.10	\$96.90	\$154.70	\$168.30	\$297.50
\$180,000	\$12.60	\$16.20	\$21.60	\$36.00	\$59.40	\$102.60	\$163.80	\$178.20	\$315.00
\$190,000	\$13.30	\$17.10	\$22.80	\$38.00	\$62.70	\$108.30	\$172.90	\$188.10	\$332.50
\$200,000	\$14.00	\$18.00	\$24.00	\$40.00	\$66.00	\$114.00	\$182.00	\$198.00	\$350.00
\$210,000	\$14.70	\$18.90	\$25.20	\$42.00	\$69.30	\$119.70	\$191.10	\$207.90	\$367.50
\$220,000	\$15.40	\$19.80	\$26.40	\$44.00	\$72.60	\$125.40	\$200.20	\$217.80	\$385.00
\$230,000	\$16.10	\$20.70	\$27.60	\$46.00	\$75.90	\$131.10	\$209.30	\$227.70	\$402.50
\$240,000	\$16.80	\$21.60	\$28.80	\$48.00	\$79.20	\$136.80	\$218.40	\$237.60	\$420.00
\$250,000	\$17.50	\$22.50	\$30.00	\$50.00	\$82.50	\$142.50	\$227.50	\$247.50	\$437.50
\$260,000	\$18.20	\$23.40	\$31.20	\$52.00	\$85.80	\$148.20	\$236.60	\$257.40	\$455.00
\$270,000									\$472.50
\$280,000	\$19.60	\$25.20	\$33.60	\$56.00	\$92.40	\$159.60	\$254.80	\$277.20	\$490.00
									\$507.50
\$300,000	\$21.00	\$27.00	\$36.00	\$60.00	\$99.00	\$171.00	\$273.00	\$297.00	\$525.00
	\$20,000 \$30,000 \$40,000 \$50,000 \$60,000 \$70,000 \$80,000 \$100,000 \$110,000 \$120,000 \$130,000 \$140,000 \$150,000 \$170,000 \$170,000 \$180,000 \$200,000 \$220,000 \$220,000 \$240,000 \$250,000 \$250,000 \$270,000 \$290,000	\$20,000 \$1.40 \$30,000 \$2.10 \$40,000 \$2.80 \$50,000 \$3.50 \$60,000 \$4.20 \$70,000 \$4.90 \$80,000 \$5.60 \$90,000 \$6.30 \$100,000 \$7.70 \$120,000 \$7.70 \$120,000 \$9.10 \$140,000 \$9.80 \$150,000 \$10.50 \$160,000 \$11.20 \$170,000 \$11.20 \$170,000 \$11.90 \$180,000 \$12.60 \$190,000 \$13.30 \$200,000 \$14.00 \$220,000 \$14.00 \$230,000 \$15.40 \$230,000 \$16.10 \$240,000 \$16.80 \$250,000 \$17.50 \$260,000 \$18.20 \$270,000 \$18.90 \$280,000 \$19.60 \$290,000 \$19.60 \$290,000 \$19.60	\$20,000 \$1.40 \$1.80 \$30,000 \$2.10 \$2.70 \$40,000 \$2.80 \$3.60 \$50,000 \$4.20 \$5.40 \$5.40 \$70,000 \$4.20 \$5.40 \$70,000 \$4.90 \$6.30 \$80,000 \$7.20 \$90,000 \$7.00 \$9.00 \$110,000 \$7.70 \$9.90 \$120,000 \$9.10 \$11.70 \$140,000 \$9.10 \$11.70 \$140,000 \$11.20 \$14.40 \$170,000 \$11.20 \$14.40 \$170,000 \$11.20 \$14.40 \$170,000 \$11.20 \$14.40 \$170,000 \$11.20 \$14.40 \$170,000 \$11.20 \$14.40 \$170,000 \$11.20 \$14.40 \$170,000 \$11.20 \$14.40 \$170,000 \$11.20 \$14.40 \$170,000 \$11.50 \$15.30 \$180,000 \$11.50 \$15.30 \$180,000 \$11.50 \$15.30 \$15.40 \$190,000 \$11.70 \$120,000 \$11.70 \$120,000 \$11.70 \$120,000 \$11.70 \$120,000 \$11.70 \$120,000 \$11.70 \$120,000 \$11.70 \$120,000 \$11.70 \$18.90 \$220,000 \$11.70 \$12.60 \$	\$20,000 \$1.40 \$1.80 \$2.40 \$30,000 \$2.10 \$2.70 \$3.60 \$44,000 \$2.80 \$3.60 \$4.80 \$55,000 \$3.50 \$4.50 \$6.00 \$60,000 \$4.20 \$5.40 \$7.20 \$70,000 \$4.90 \$6.30 \$8.40 \$80,000 \$5.60 \$7.20 \$9.60 \$90,000 \$6.30 \$8.10 \$10.80 \$110,000 \$7.70 \$9.90 \$12.00 \$110,000 \$7.70 \$9.90 \$13.20 \$120,000 \$8.40 \$10.80 \$14.40 \$130,000 \$9.10 \$11.70 \$15.60 \$140,000 \$9.10 \$11.70 \$15.60 \$140,000 \$11.20 \$14.40 \$19.20 \$116,000 \$11.20 \$14.40 \$19.20 \$170,000 \$11.20 \$11.20 \$12.60 \$16.80 \$150,000 \$11.20 \$11.20 \$12.60 \$16.80 \$150,000 \$11.20 \$14.40 \$19.20 \$170,000 \$11.90 \$15.30 \$20.40 \$180,000 \$11.90 \$15.30 \$20.40 \$180,000 \$11.90 \$15.30 \$20.40 \$180,000 \$11.90 \$15.30 \$20.40 \$180,000 \$11.90 \$15.30 \$22.60 \$21.60 \$12.60 \$16.20 \$21.60 \$12.60 \$16.20 \$21.60 \$12.000 \$11.90 \$15.30 \$22.50 \$220,000 \$14.70 \$18.90 \$25.20 \$220,000 \$14.70 \$18.90 \$25.20 \$220,000 \$16.10 \$20.70 \$27.60 \$220,000 \$16.80 \$21.60 \$22.80 \$220,000 \$16.80 \$21.60 \$22.80 \$220,000 \$16.80 \$22.50 \$30.00 \$22.000 \$22.000 \$16.80 \$22.50 \$30.00 \$22.000 \$22.000 \$30.00 \$22.000 \$30.00 \$	\$20,000 \$1.40 \$1.80 \$2.40 \$4.00 \$30,000 \$2.10 \$2.70 \$3.60 \$6.00 \$40,000 \$2.80 \$3.60 \$4.80 \$8.00 \$50,000 \$3.50 \$4.50 \$6.00 \$10.00 \$60,000 \$4.20 \$5.40 \$7.20 \$12.00 \$70,000 \$4.90 \$6.30 \$8.40 \$114.00 \$80,000 \$5.60 \$7.20 \$9.60 \$116.00 \$90,000 \$6.30 \$8.10 \$10.80 \$18.00 \$100,000 \$7.00 \$90,000 \$12.00 \$20.00 \$110,000 \$7.70 \$9.90 \$12.00 \$20.00 \$110,000 \$7.70 \$9.90 \$12.00 \$20.00 \$110,000 \$7.70 \$9.90 \$13.20 \$22.00 \$120,000 \$14.00 \$91.00 \$11.70 \$15.60 \$26.00 \$140,000 \$91.00 \$11.70 \$15.60 \$26.00 \$1140,000 \$91.00 \$11.70 \$15.60 \$26.00 \$1150,000 \$11.20 \$13.50 \$18.00 \$30.00 \$1170,000 \$11.20 \$14.40 \$19.20 \$32.00 \$1170,000 \$11.90 \$15.30 \$20.40 \$34.00 \$1170,000 \$11.90 \$15.30 \$20.40 \$34.00 \$1170,000 \$11.90 \$15.30 \$20.40 \$34.00 \$1170,000 \$11.40 \$18.90 \$25.20 \$42.00 \$20.00 \$14.70 \$18.90 \$25.20 \$42.00 \$22.000 \$15.40 \$19.80 \$25.20 \$42.00 \$22.000 \$16.80 \$22.000 \$16.80 \$22.000 \$16.80 \$22.000 \$22.000 \$11.70 \$12.80 \$38.00 \$22.000 \$11.70 \$15.40 \$18.90 \$25.20 \$42.00 \$22.000 \$11.70 \$15.40 \$19.80 \$25.20 \$42.00 \$22.000 \$16.80 \$21.60 \$36.00 \$22.000 \$16.80 \$22.000 \$16.80 \$22.000 \$16.80 \$22.000 \$22.000 \$16.80 \$22.000 \$22.000 \$16.80 \$22.000 \$22.000 \$16.80 \$22.000 \$22.000 \$16.80 \$22.000 \$22.000 \$16.80 \$22.000 \$22.000 \$22.000 \$22.000 \$16.80 \$22.000 \$2	\$20,000 \$1.40 \$1.80 \$2.40 \$4.00 \$6.60 \$30,000 \$2.10 \$2.70 \$3.60 \$6.00 \$9.90 \$40,000 \$2.80 \$3.50 \$4.80 \$8.00 \$13.20 \$50,000 \$3.50 \$4.50 \$6.00 \$10.00 \$16.50 \$60,000 \$4.20 \$5.40 \$7.20 \$12.00 \$19.80 \$70,000 \$4.90 \$6.30 \$8.40 \$11.00 \$23.10 \$80,000 \$5.60 \$7.20 \$9.60 \$16.00 \$26.40 \$99,000 \$6.30 \$8.10 \$10.80 \$18.00 \$29.70 \$100,000 \$7.70 \$9.90 \$112.00 \$20.00 \$33.50 \$110,000 \$7.70 \$9.90 \$113.20 \$22.00 \$36.30 \$110,000 \$7.70 \$9.90 \$113.20 \$22.00 \$36.30 \$110,000 \$7.70 \$9.90 \$113.20 \$22.00 \$36.30 \$110,000 \$7.70 \$9.90 \$113.20 \$22.00 \$36.30 \$110,000 \$7.70 \$9.90 \$113.20 \$22.00 \$36.30 \$120,000 \$9.10 \$11.70 \$15.60 \$26.00 \$42.90 \$160,000 \$9.80 \$11.70 \$15.60 \$26.00 \$42.90 \$150,000 \$9.80 \$11.260 \$16.80 \$28.00 \$46.20 \$150,000 \$11.20 \$14.40 \$19.20 \$32.00 \$52.80 \$170,000 \$11.20 \$14.40 \$19.20 \$32.00 \$52.80 \$170,000 \$11.90 \$15.30 \$20.40 \$34.00 \$50.10 \$180,000 \$11.90 \$15.30 \$20.40 \$34.00 \$50.10 \$180,000 \$11.90 \$15.30 \$20.40 \$34.00 \$50.10 \$190,000 \$11.90 \$15.30 \$20.40 \$34.00 \$66.00 \$20.00 \$11.90 \$11.90 \$15.30 \$20.40 \$34.00 \$66.00 \$20.000 \$11.90 \$11.90 \$15.30 \$20.40 \$34.00 \$66.00 \$20.000 \$11.90 \$11.90 \$15.30 \$20.40 \$34.00 \$66.00 \$20.000 \$11.90 \$11.90 \$15.30 \$20.40 \$34.00 \$66.00 \$20.000 \$11.90 \$11.90 \$11.90 \$22.80 \$38.00 \$62.70 \$200,000 \$11.90 \$11.90 \$12.60 \$16.20 \$21.60 \$36.00 \$75.90 \$200,000 \$11.70 \$18.90 \$22.80 \$38.00 \$67.70 \$200,000 \$11.70 \$18.90 \$22.80 \$38.00 \$67.70 \$200,000 \$11.70 \$18.90 \$22.80 \$38.00 \$67.70 \$200,000 \$11.70 \$18.90 \$22.80 \$38.00 \$77.90 \$220,000 \$16.10 \$20.70 \$27.60 \$46.00 \$75.90 \$220,000 \$16.10 \$20.70 \$27.60 \$46.00 \$75.90 \$220,000 \$16.80 \$22.50 \$33.60 \$48.00 \$79.20 \$220,000 \$16.80 \$22.50 \$33.60 \$48.00 \$79.20 \$220,000 \$16.80 \$22.50 \$33.60 \$48.00 \$79.20 \$220,000 \$16.80 \$22.50 \$33.60 \$56.00 \$92.40 \$220,000 \$18.90 \$22.40 \$33.60 \$56.00 \$92.40 \$220,000 \$18.90 \$22.40 \$33.60 \$56.00 \$92.40 \$220,000 \$18.90 \$22.40 \$33.60 \$56.00 \$92.40 \$220,000 \$18.90 \$22.40 \$33.60 \$56.00 \$92.40 \$220,000 \$18.90 \$22.40 \$33.60 \$56.00 \$92.40	\$20,000	\$20,000	\$20,000 \$1.40 \$1.80 \$2.40 \$4.00 \$6.60 \$11.40 \$18.20 \$19.80 \$30,000 \$2.10 \$2.70 \$3.60 \$6.00 \$9.90 \$17.10 \$27.30 \$29.70 \$40,000 \$2.80 \$3.60 \$4.80 \$8.00 \$13.20 \$22.80 \$3.64.0 \$39.60 \$50,000 \$3.50 \$41.50 \$6.00 \$10.00 \$16.50 \$28.50 \$45.50 \$49.50 \$60,000 \$4.20 \$5.40 \$7.20 \$12.00 \$19.80 \$34.20 \$54.60 \$59.40 \$70.00 \$40.000 \$40.00

Voluntary Life Cost Illustration continued

	< 30	30–34	35–39	40–44	45–49	50–54	55–59	60–64	65–69 [†]
Policy Election A	Amount								
Child(ren)									
\$10,000	\$0.60	\$0.60	\$0.60	\$0.60	\$0.60	\$0.60	\$0.60	\$0.60	\$0.60

Refer to Guarantee Issue row on page above for Voluntary Life GI+AA amounts.

Premiums for Voluntary Life Increase in five-year increments

‡Spouse coverage premium is based on Spouse age. Coverage for the spouse terminates at spouse's age 70.

†Benefit reductions apply.

Manage Your Benefits:

Go to www.GuardianAnytime.com to access secure information about your Guardian benefits. Your on-line account will be set up within 30 days after your plan effective date.

Need Assistance?

Call the Guardian Helpline (888) 600-1600, weekdays, 8:00 AM to 8:30 PM, EST. Refer to your member ID (social security number) and your plan number: 00512468

LIMITATIONS AND EXCLUSIONS:

A SUMMARY OF PLAN LIMITATIONS AND EXCLUSIONS FOR LIFE AND AD&D COVERAGE:

You must be working full-time on the effective date of your coverage; otherwise, your coverage becomes effective after you have completed a specific waiting period. Employees must be legally working in the United States in order to be eligible for coverage. Underwriting must approve coverage for employees on temporary assignment: (a) exceeding one year; or (b) in an area under travel warning by the US Department of State. Subject to state specific variations. Evidence of Insurability is required on all late enrollees. This coverage will not be effective until approved by a Guardian underwriter. This proposal is hedged subject to satisfactory financial evaluation. Please refer to certificate of coverage for full plan description.

Dependent life insurance will not take effect if a dependent, other than a newborn, is confined to the hospital or other health care facility or is unable to perform the normal activities of someone of like age and sex.

A person is ADL-disabled if he or she is (a) physically unable to perform two or more ADLs without continuous physical assistance; or (b) cognitively impaired, and requires verbal cueing to protect himself/herself or others. ADLs are bathing, dressing, toileting, transferring, continence, and eating.

Accelerated Life Benefit is not paid to an employee under the following circumstances: one who is required by law to use the benefit to pay creditors; is required by court order to pay the benefit to another person; is required by a government agency to use the payment to receive a government benefit; or loses his or her group coverage before an accelerated benefit is paid.

Voluntary Life Only:

We pay no benefits if the insured's death is due to suicide within two years from the insured's original effective date. This two year limitation also applies to any increase in benefit. This exclusion may vary according to state law. Late entrants and benefit increases require underwriting approval.

GP-I-R-LB-90, GP-I-R-EOPT-96

Guarantee Issue/Conditional Issue amounts may vary based on age and case size. See your Plan Administrator for details. Late entrants and benefit increases require underwriting approval.

For AD&D: We pay no benefits for any loss caused: by willful self-injury; sickness, disease or medical treatment; by participating in a civil disorder or committing a felony; Traveling on any type of aircraft while having duties er on that aircraft; by declared or undeclared act of war or armed aggression; while a member of any armed force (May vary by state); while driving a motor vehicle without a current, valid driver's license; by legal intoxication; or by voluntarily using a non-prescription controlled substance. Contract #GP-I-R-ADCLI-00 et al. We won't pay more than 100% of the Insurance amount for all losses due to the same accident, except as stated. The loss must occur within a specified period of time of the accident. Please see contract for specific definition; definition of loss may vary depending on the benefit payable.

This handout is for illustrative purposes only and is an approximation. If any discrepancies between this handout and your paycheck stub exist, your paycheck stub prevails.